

COURTYARD®
BY MARRIOTT

EXPLORE OUR FLAVORS

COURTYARD® SAN DIEGO CENTRAL
8651 Spectrum Center Blvd | San Diego, CA 92123
858.573.0700 | Marriott.com/sancy



BREAKFAST

ALL BREAKFAST TABLES INCLUDE:

Freshly Brewed Starbucks Coffee
 Decaffeinated Starbucks Coffee &
 Assorted Tazo Teas

GRAB & GO BAG

Individual Yogurt
 Granola Bar
 Whole Fruit
 Bottled Water

17

YOGURT BAR

Greek Yogurt
 Nuts & Granola
 Assorted Fruits & Seasonal Berries
 Brown Sugar & Honey

17

*Gluten Free/Vegan Options available upon request

EXPRESS TABLE

Assorted Freshly Baked Muffins & Pastries

18

DAYBREAK TABLE

Assorted Freshly Baked Muffins & Pastries
 Sliced Seasonal Fruit
 Assorted Yogurt, Granola & Fresh Berries

22

BAGEL TABLE

Assorted Bagels
 Cream Cheese
 Smoked Salmon
 Spinach, Tomato, Cucumber, Red Onion,
 Capers & Lemon

25

A GOOD BREAKFAST INSPIRES A GREAT MORNING

ALL BUFFET BREAKFASTS INCLUDE:

Selection of Chilled Juices
Freshly Brewed Starbucks Coffee
Decaffeinated Starbucks Coffee &
Assorted Tazo Teas

ARTISAN TOAST TABLE

27

Toasted Whole Wheat Bread
Mashed Avocado
Cream Cheese
Pickled Onions
Sundried Tomatoes
Boiled Cage Free Eggs
Smoked Salmon
Lightly Dressed Arugula
Applewood Smoked Bacon
Sea Salt, Black Pepper & Chili Flakes



HEALTHY START 26

Greek Yogurt, Honey, Berries
& Granola Oatmeal, Brown Sugar,
Nuts & Dried Fruit
Egg White Scramble, Spinach & Tomato
Whole Wheat Toast

COURTYARD CLASSIC 27

Freshly Baked Muffins
Assorted Pastries
Sliced Seasonal Fruit
Fluffy Scrambled Eggs
Seasoned Breakfast Potatoes
Crispy Bacon
Sausage Links

BAJA FRESH BUFFET 27

Bacon, Egg & Cheese Burritos
Seasoned Breakfast Potatoes
Sliced Seasonal Fruit
House Made Guacamole & Salsa Fresca
*Veggie Option Available Upon Request

BREAKFAST SAMMIES 27

Bistro Breakfast Sandwich
Applewood Smoked Bacon,
Cage Free Eggs, Aged White Cheddar
with Arugula & Avocado

AND/OR

Balanced Breakfast Sandwich
Cage Free Egg Whites, Turkey Breast, Roasted
Green Chiles, Aged White Cheddar, & Arugula
Sliced Seasonal Fruit
*Veggie Option Available Upon Request

SOMETHING MORE

OATMEAL BAR 5 Per Person
BAGEL BAR 15 Per Person

ASSORTED PASTRIES 33 Per Dozen
ASSORTED MUFFINS 33 Per Dozen

ON CONSUMPTION

WHOLE FRUIT 2.50 Per Item
SLICED FRUIT 5 Per Person
INDIVIDUAL YOGURTS 3.50 Per Item
GRANOLA BARS 4.50 Per Item
NUTS OR TRAIL MIX 4.50 Per Bag

BOTTLED WATER 4 Per Bottle
NAKED JUICES 5 Per Bottle

*Gluten Free/Vegan Options available upon request

*Minimum order of 20.

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BREAKS

BEVERAGES

Bottled Water	4
Assorted Pepsi Soft Drinks	4
Assorted Fruit Juices	4
Assorted Izzie Gourmet Sodas	4.5
Assorted Naked Juices	5
Coffee by the Gallon	75

SNACKS

Whole Fruit	2.5
Sliced Fruit	5
Assorted Individual Yogurts	4
Assorted Nuts or Trail Mix	4.5
Granola Bars	4.5
Fresh Popped Popcorn	4

BAKED GOODS BY THE DOZEN 33

Assorted Pastries
Assorted Muffins
Freshly Baked Cookies
Chocolate Brownies
Blondies
Rice Crispy Treats

Assorted Mini Desserts (50pcs) 250

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LUNCH

BOXED LUNCH 25

Box lunch includes kettle chips, cookie & bottled beverage

*All condiments served on the side

CHOOSE TWO SANDWICH OPTIONS

Roast Turkey BLT: Roast Turkey, Bacon, Lettuce & Tomato on Sourdough Bread

Roast Beef & Gruyere: Slow Roasted Beef with Gruyere Cheese, Lettuce, Tomato on Marble Rye

Tuna Salad: Albacore Tuna Salad on Whole Grain Bread

Veggie Wrap: Roasted Vegetables with Hummus Spread & Jack Cheese wrapped in a Flour Tortilla

*Minimum order of 15

EXECUTIVE BOXED LUNCH 28

Box lunch includes kettle chips, pickle, cookie & bottled beverage

*All condiments served on the side

CHOOSE TWO SANDWICH OPTIONS

Turkey Day, Any Day: Roasted Turkey with Cranberry Chutney, Avocado Mash, Lettuce & Tomato on Artisan Bread

Grilled Chicken Sandwich: Grilled Chicken Breast with Dijon Mustard, Lettuce, Tomatoes with White Cheddar on an Artisan Roll

Cali Club: Ham, Turkey, Applewood Smoked Bacon, Avocado, Tomato & White Cheddar on Sourdough

Green Goddess: Lettuce, Avocado, Cucumber, Lightly Dressed Arugula, Mozzarella, with Green Goddess Ranch on Grainy Bread

CHOICE OF ONE SIDE

Coleslaw
Potato Salad
Mixed Green Salad
Macaroni Salad

LUNCH HOUR IS THE BEST HOUR OF THE DAY

All buffet lunches include freshly brewed regular & decaffeinated coffee, hot and iced tea



*Minimum order of 20

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DELICATESSAN TABLE 28

Spring Citrus Salad with a Vinaigrette Dressing
Assorted Potato Chips
Sliced Turkey, Roast Beef & Ham
Sliced Pepper Jack, Cheddar & Gruyere
Tomatoes, Onions, Lettuce & Pickles
Selection of Breads & Soft Rolls
Chocolate Chip Cookies

SOUTH OF THE BORDER 35

Mixed Green Salad with Corn, Tomatoes,
Cheddar Cheese, Avocado, Crispy Tortilla
Strips & Cilantro Dressing
Spanish Rice & Ranchero or Refried Beans
House-made Chips
Warm Corn Tortillas (*Flour Available)
Street Tacos: Chicken & Carne Asada
Shredded Cheese, Lettuce & Jalapenos
Salsa Fresca, Guacamole & Sour Cream
Churros with Chocolate Sauce

ITALIAN TABLE 35

Caesar Salad
Caprese Salad
Garlic Bread
Tiramisu

CHOOSE TWO

Lasagna Bolognese

Vegetable Baked Pasta: Roasted Pepper,
Broccolini & Tomatoes Baked with Pesto
Cream Sauce & Parmesan
**Add Chicken for 5*

Spaghetti with Meatballs

Chicken Alfredo

MEDITERRANEAN TABLE 38

Greek Salad with Cucumbers, Tomatoes,
Kalamata Olives, & Feta Cheese
Hummus & Pita Bread
Tzatziki, Cucumber Yogurt Sauce
Roasted Vegetables
Chicken Shwarma
Beef Gyro
Basmati Rice
Baklava

TASTE OF THE ISLANDS 39

Hawaiian Style Macaroni Salad
Or Pineapple Coleslaw
Hawaiian Sweet Rolls
Jasmine Rice
Teriyaki Grilled Chicken
Kahlua Pork
Macadamia Nut Cookies

FLAVORS OF ASIA 39

Mandarin Green Salad with Mixed Greens,
Mandarin Oranges, Sliced Almonds, Crispy
Wontons and Sesame Dressing
Beef and Broccoli
Orange Chicken
Fried Rice or White Rice
Chow Mein
Fortune Cookies & Bao Donuts



LUNCH

PLATED LUNCH

28

All plated lunches include rolls with butter, freshly brewed regular & decaffeinated coffee, hot and iced tea

CHOOSE TWO:

Modern Cobb Salad: Grilled Chicken, Applewood Smoked Bacon, Hard Boiled Egg, Grape Tomatoes, Pickled Red Onions, Avocado, Gorgonzola & Green Goddess Ranch

Chicken Caesar Salad: Grilled Chicken on a Bed of Romaine Lettuce, Seasoned Croutons, Caesar Dressing and Topped with Parmesan Cheese

Vegetable Hummus Wrap: Grilled Vegetables with Hummus Spread in a Flour Tortilla

Vegetable Baked Pasta: Roasted Pepper, Broccoli & Tomatoes Baked with Pesto Cream Sauce & Parmesan
*Add Chicken for 5

Pan Seared Salmon (6oz): Served with Warm Green Beans, Kalamata Olives, Grape Tomato, Fingerling Potatoes & Citrus Vinaigrette

Chicken Marsala: Chicken Breast Sautéed in Marsala Wine, & Mushrooms with Rice Pilaf & Seasonal Vegetables

Rib Eye (Add \$7)
8oz Seasoned Steak, Red Wine Demi, Seasonal Vegetables & Fingerling Potatoes

Dessert Options:

CHOOSE TWO:

NY Cheesecake
Red Velvet Cake
Chocolate Cake
Fudge Brownies
Cookies

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A MIDDAY REFRESH



CHOCOLATE CHOCOLATE CHOCOLATE 16

Chocolate Chip Cookies
 Double Fudge Brownies
 Assorted Chocolate Candy Bars
 Freshly Brewed Starbucks Coffee
 Decaffeinated Starbucks Coffee
 Assorted Tazo Teas

BUT FIRST COFFEE 17

Iced Coffee
 Vanilla, Caramel & Hazelnut Syrup
 Mocha, Chocolate & Carmel Sauce
 Low Fat Milk, Almond Milk, Half & Half
 Whipped Cream
 Coffee Cake or Banana Bread

POWER HOUR 17

Assorted Energy Bars
 Seasonal Whole Fruit Basket
 Trail Mix
 Seasonal Fruit Infused Water

HEALTHY PAUSE 17

Hummus & Tzatziki
 Vegetable Crudite
 Pita Bread
 Bottled Water

PETCO PARK 17

Bags of Popcorn
 Warm Soft Pretzels
 Mustard & Savory Cheese Dip
 Mini Corn Dogs
 Assorted Soft Drinks & Bottled Water

NACHO AVERAGE BREAK 17

Nacho Bar with Jalapenos, Salsa, Guacamole,
 Black Olives, Sour Cream, Nacho Cheese.
 Jalapeno Poppers
 Churros and Chocolate Sauce
 Assorted Soft Drinks & Bottled Water

CHARCUTERIE & CHEESE PLEASE 20

Gourmet Cheeses
 Crackers & Lavash
 Nuts & Dried Fruits
 Fig Jam
 Pellegrino & Bottled Water



DINNER

PLATED DINNER

38

All plated dinners include rolls with butter, freshly brewed regular & decaffeinated coffee, hot and iced tea

CHOICE OF ONE SALAD:

Mixed Green Salad with Lemon Herb Vinaigrette

Caesar Salad with Romaine Lettuce, Seasoned Croutons, Caesar Dressing and Topped with Parmesan Cheese

CHOOSE TWO:

NY Cheesecake
Red Velvet Cake
Chocolate Fudge Cake
Fudge Brownies
Cookies

**Minimum order of 20.*

CHOOSE TWO:

Pan Seared Salmon (8oz): Served with Warm Green Beans, Kalamata Olives, Grape Tomatoes, Fingerling Potatoes & Citrus Vinaigrette

Chicken Marsala: Chicken, Onion, Garlic, Red Wine, Roasted Tomato Capers, Kalamata Olives, with Rice Pilaf & Seasonal Vegetables

Chicken Puttanesca: Airline Chicken Breast sautéed with Tomatoes, Capers, Olives & Garlic served with Linguine & Roasted Vegetables

Rib Eye
8oz Seasoned Steak, Red Wine Demi, Seasonal Vegetables & Fingerling Potatoes

Vegetable Baked Pasta: Roasted Pepper, Broccolini & Tomatoes Baked with Pesto Cream Sauce & Parmesan

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A BUFFET BRINGS PEOPLE TOGETHER



MEDITERRANEAN TABLE 45

Greek Salad with Cucumbers, Tomatoes, Kalamata Olives, & Feta Cheese
Hummus & Pita Bread
Tzatziki Cucumber & Yogurt Sauce
Roasted Vegetables
Chicken Shawarma
Beef Kabobs
Basmati Rice
Baklava

SOUTH OF THE BORDER 43

Mixed Green Salad with Corn, Tomatoes, Cheddar Cheese, Avocado, Crispy Tortilla Strips & Cilantro Dressing
Spanish Rice & Ranchero or Refried Beans
House-made Tortilla Chips
Warm Corn Tortillas (*Flour Available)
Street Tacos: Chicken & Carne Asada
Chicken or Cheese Enchiladas
Shredded Cheese, Lettuce & Jalapenos
Salsa Fresca, Guacamole & Sour Cream
Churros with Chocolate Sauce

TASTE OF CALI 49

Southwest Quinoa Black Bean Salad
Spring Citrus Salad
Roasted Vegetables
Grilled Salmon with Chive Oil
Thinly Sliced Tri Tip with a Mushroom Sauce
Herb Roasted Potatoes
Strawberry Shortcake Bar

COMFORT TABLE

Two Entrée Selections 49
Three Entrée Selections 56

Assorted Rolls & Butter
Seasonal Roasted Vegetables
Seasonal Dessert

CHOICE OF SALAD:

Classic Caesar Salad
Mixed Green Salad

CHOICE OF SIDES:

Garlic Mashed Potatoes
Roasted Fingerling Potatoes
Rice Pilaf & Toasted Orzo

ENTRÉE CHOICES:

Roasted Herb or Cajun Roasted Chicken Breast
Vegetable Baked Pasta
Roasted Pork Loin with Au Jus
Salmon with Citrus Vinaigrette
NY Strip Steak, Red Wine Demi, Mushrooms

**Minimum order of 20.*

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RECEPTION

TRAY PASS

250

STATION

250

CHICKEN SATAY
With Spicy Peanut Sauce

GRILLED CHICKEN QUESADILLAS

LOADED POTATO SKINS
With Sour Cream, Cheese & Bacon

BBQ MEATBALL & PINEAPPLE SKEWERS

TOMATO & BASIL FLATBREAD

BBQ CHICKEN FLATBREAD

COCONUT SHRIMP
With Pineapple Salsa

**Each order contains 50 PCS*

SHRIMP POTSTICKERS

CHICKEN EMPANADAS

VEGETABLE SPRING ROLLS

ANGUS BEEF SLIDERS
With Caramelized Onion, Chipotle Aioli

BBQ PULLED PORK SLIDERS
Coleslaw, Sweet BBQ Sauce

HERB STUFFED MUSHROOMS

PESTO CHICKEN SALAD
In Butter Lettuce Cups

SMOKED SALMON & CREAM CHEESE
CUCUMBER BITES

SIP, SAVOR AND TOAST THE DAY



CASH BAR	
House Wine	8
Premium Wine	13
House Labels	7
Premium Labels	10
Domestic Beer	7
Imported Beer	7
Craft Beer	9
Specialty Cocktails	12
Bottled Water	4
Soft Drinks	4

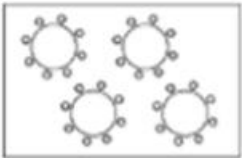
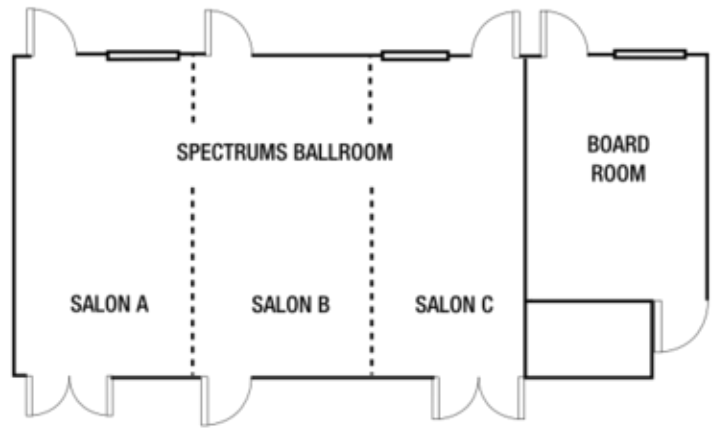
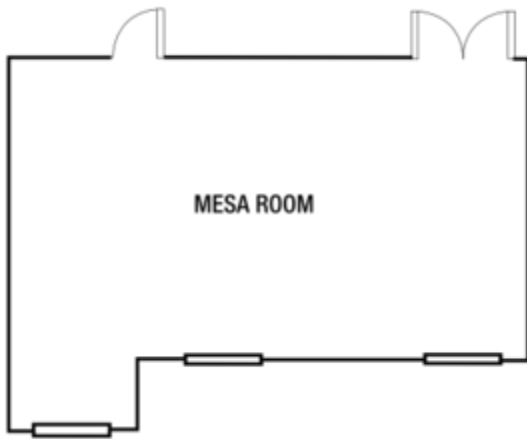
HOSTED BAR	
House Wine	7
Premium Wine	12
House Labels	6
Premium Labels	9
Domestic Beer	6
Imported Beer	7
Craft Beer	8
Specialty Cocktails	12
Bottled Water	4
Soft Drinks	4

SPIKED PUNCHES	
Red Sangria	175 per gallon
White Sangria	175 per gallon
Margarita	175 per gallon
Mai Tai	185 per gallon

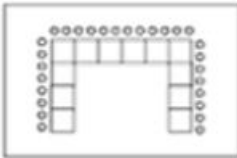
BARTENDER CHARGES

For each bartender requested we require a guarantee of 300 bar revenue exclusive of tax and gratuity. Should this minimum not be met, a fee of 150 will be charged.

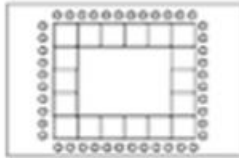
THE BAR IS OPEN SO IT'S TIME TO PLAY



BANQUET



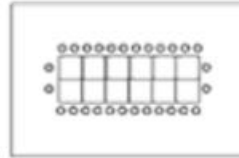
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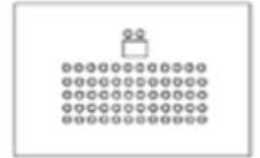
HOLLOW SQUARE



CLASSROOM



CONFERENCE



THEATER

MEETING SPACE

ROOM	DIMENSION	SQ FT	CEILING HT	THEATER	CLASSROOM	U-SHAPE	CONFERENCE	BANQUET	RECEPTION
SPECTRUM BALLROOM	33 x 54	1,782	8	200	100	70	N/A	130	200
SALON A	33 x 17	561	8	40	24	15	20	40	50
SALON B	33 x 20	660	8	50	24	20	28	40	60
SALON C	33 x 17	561	8	40	24	15	20	40	50
SALON AB OR BC	33 x 37	1,221	8	90	60	30	30	60	120
MESA ROOM	24 x 40	960	8	80	50	35	42	70	75
BOARDROOM	26 x 13	338	8	N/A	N/A	N/A	10	10	N/A



MEETING PACKAGES

BASIC MEETING PACKAGE

35

Chilled Orange Juice
Freshly Brewed Coffee, Decaf and Hot Tea
Sliced Seasonal Fruit
Yogurt, Granola, and Fresh Berries
Assorted Freshly Baked Muffins & Pastries

AM BREAK

Coffee and Hot Tea Refresh
Assorted Sodas and Bottled Waters

PM BREAK

Coffee and Hot Tea Refresh
Assorted Freshly Baked Cookies

PREMIUM MEETING PACKAGE

55

Chilled Orange & Apple Juice
Freshly Brewed Coffee, Decaf and Hot Tea
Sliced Seasonal Fruit
Yogurt, Granola, and Fresh Berries
Assorted Freshly Baked Muffins & Pastries

AM BREAK

Coffee and Hot Tea Refresh

Boxed Lunch Menu

PM BREAK

Coffee and Hot Tea Refresh
Assorted Freshly Baked Cookies

**All meeting packages come with a complimentary Screen Support Package which includes 8ft. Screen & A/V Cart*

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EXECUTIVE MEETING PACKAGE

EXECUTIVE MEETING PACKAGE 85

BREAKFAST

Orange and Apple Juice
Freshly Brewed Coffee, Decaf and Hot Tea
Assorted Baked Muffins and Pastries
Sliced Seasonal Fruit
Fluffy Scrambled Eggs
Seasoned Breakfast Potatoes
Crispy Bacon
Sausage Links

AM BREAK

Coffee and Hot Tea Refresh
Assorted Sodas and Bottled Waters

LUNCH

CHOICE OF BUFFET
Delicatessen Table
South of the Border
Italian Table
Mediterranean Table
Taste Islands
Flavors of Asia

PM BREAK

CHOICE OF BREAK
Chocolate Chocolate Chocolate
Healthy Pause
Power Hour
Petco Park
Nacho Average Break
But First Coffee

**Minimum order of 25.*

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ADDITIONAL INFORMATION

OUTSIDE FOOD & BEVERAGE

All food and beverages served at functions associated with the Event must be provided, prepared, and served by Hotel, and must be consumed on Hotel premises. Outside food and beverages are not permitted in hotel restaurant during business hours.

ADDITIONAL FOOD & BEVERAGE

To ensure safety and compliance with state and local health regulations, all food and beverage must be consumed on premise and may not be packaged up for any reason. No food of any kind may be brought into the banquet and catering rooms with the exception of cakes, for which a service fee will be charged. No beverages of any kind may be brought in with the exception of champagne and wine for dinner service only. Corkage fees will apply.

DAMAGE TO FUNCTION SPACE ADDITIONAL FOOD & BEVERAGE

Group agrees to pay for any damage to the function space that occurs while group is using it.

OUTSIDE VENDORS

If you'd like to hire outside vendors to provide any goods or services at Hotel during the Event, please notify us of the specific goods or services provided with advance notice so that we can determine if this vendor is approved. All approved vendors must provide a valid copy of limited liability insurance.

DECORATIONS

Arrangements for floral centerpieces, linens, special props and entertainment may be made through the Catering Convention Services department. All decorations must meet the approval of the hotel and San Diego Fire Department, i.e. smoke machine, candles, glitter, etc. Affixing any items to the walls or ceiling of function space is not permitted without prior approval.

SERVICE CHARGE

All food and beverage prices, meeting room rental, and audio visual prices are subject to a 22% service charge.

*20 PERSON MINIMUM

All pricing is per person. A \$150 labor charge will apply with groups with less than 20 attendees.

Thank you for choosing the Courtyard San Diego Central!