



Morning



## Breakfast buffet \* Priced per person

Includes fresh Starbucks brew and Tazo teas / Add orange or cranberry juice \$5 per person

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| <p>✦ <b>Continental</b> . . . . . <b>\$23</b><br/>Seasonal sliced fruit, assorted individual cereal and milk, assorted house baked pastries including Danishes, muffins, and croissants</p>   | <p>✦ <b>Western</b> Minimum 25 people . . . . . <b>\$29</b><br/>Omelette with onion, peppers, ham, and cheese with baked beans, bacon, hash browns, toast, and cornbread muffin</p>  |
| <p>✦ <b>Mind-full breakfast</b> . . . . . <b>\$25</b><br/>Assorted individual cereal, skim milk, sliced fruit, low fat muffins, individual low fat yogurt, and all-natural granola</p>  | <p>✦ <b>Hotel classic</b> Minimum 25 people . . . . . <b>\$28</b><br/>Assorted pastries including Danishes, muffins, and croissants, sliced white and whole wheat bread, scrambled egg, bacon or sausage, hash browns, and whole granny smith apples</p> |
| <p>✦ <b>Nova Scotian</b> Minimum 25 people . . . . . <b>\$31</b><br/>Maritime fishcakes with molasses baked beans, chow, tea biscuits, brown bread, potato hash with chopped bacon, and sausage</p>   | <p>✦ <b>Pancake breakfast</b> Minimum 25 people . . . . . <b>\$27</b><br/>Buttermilk pancakes with berry compote, Chantilly cream, bacon, and seasonal fruit salad</p>   |
| <p>✦ <b>Canadian</b> Minimum 25 people . . . . . <b>\$34</b><br/>Farm fresh scrambled eggs, aged cheddar, hash browns, bacon strips, baked beans, buttermilk waffles with berry compote and whipped cream, croissants, muffins and Danishes, and sliced fruit</p> | <p>✦ <b>Build your breakfast sandwich</b> Minimum 25 people <b>\$27</b><br/>Fried egg, sausage patty or bacon, cheddar cheese, croissant, tea biscuit, English muffin, white or whole grain sliced bread, assorted spreads, and whole fruit</p>          |

All prices are subject to a customary 19% taxable service charge and 15% applicable HST. Prices are subject to change.  
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## Boxed breakfast \* priced per person

Includes whole fruit, muffin, homemade granola bar, and bottled fruit juice with cutlery and napkins  
Items can be made gluten free upon request

- ✦ **Breakfast Sandwich. . . . . \$18**  
Choice of bacon or breakfast sausage buttered English muffin scrambled egg and aged cheddar
- ✦ **Ham and Cheese Croissant. . . . . \$18**  
Sliced breakfast ham and cheese on homemade croissant
- ✦ **Egg and cheese breakfast sandwich . . . . . \$17**  
Buttered English muffin with scrambled egg and aged cheddar
- ✦ **Smoked Salmon Bagel . . . . . \$19**  
Atlantic cold smoked salmon on bagel with cream cheese, capers, and onion
- ✦ **Vegetarian Bagel . . . . . \$16**  
Cucumber, avocado cream cheese mix, on toasted bagel
- ✦ **Granola Parfait . . . . . \$16**  
Honey toasted granola with yogurt and seasonal berries
- ✦ **Burrito . . . . . \$18**  
Choice of bacon or sausage with mix peppers, onion, mushrooms, age cheddar, scrambled egg and salsa
- ✦ **Vegetable Burrito (V) . . . . . \$18**  
Sauteed asparagus, mix peppers, broccoli and mushroom, scrambled egg and cheddar
- ✦ **Vegan Burrito (V) . . . . . \$19**  
Sauteed asparagus, mix peppers, broccoli and mushroom, scrambled medium tofu and daiya cheese

## Wake ups

- ✦ **Individual yogurt . . . . . \$4 each**  
Fruit, vanilla or lactose-free vanilla
- ✦ **Granola yogurt parfait . . . . . \$8 each**  
Almond granola, vanilla yogurt, and seasonal berries
- ✦ **Berries and yogurt . . . . . \$9 each**  
Seasonal berries with vanilla or strawberry yogurt
- ✦ **Whole fresh fruit. . . . . \$5 each**  
Bananas, apples, oranges or pears
- ✦ **Fruit cup . . . . . \$9 each**  
Fresh cut seasonal fruit with yogurt honey dip
- ✦ **Cereal . . . . . \$9 a person**  
Assorted individual cereals and 2% milk
- ✦ **Breakfast sandwich. . . . . \$10 each**  
Egg, cheese, English muffin,cheese croissant with bacon, ham, salami, or smoked meat
- ✦ **Chilled hard-boiled eggs. . . . . \$30 per dozen**

## Baked best

- ✦ **Assorted pastries . . . . . \$44 a dozen**  
House baked Danishes, muffins, and croissants
- ✦ **Gluten free muffins . . . . . \$49 a dozen**  
Chocolate or blueberry
- ✦ **Gluten free brownie. . . . . \$5 each**  
Individually packed
- ✦ **Chocolate croissants . . . . . \$45 a dozen**  
House baked with chocolate filling
- ✦ **Cinnamon buns . . . . . \$45 a dozen**  
House baked topped with cream cheese icing
- ✦ **Bagels . . . . . \$40 a dozen**  
Assorted flavors and cream cheese

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## Comfort breaks

- + **Health full . . . . . \$15**  
House made granola bars , individual yogurt, baked potato chips, and seasonal whole fruit
- + **Sweet stuff. . . . . \$14**  
Assorted jumbo cookies, rocky road bars, and seasonal whole fruit

## Nutrition breaks

- + Individual mixed nuts . . . . . \$7
- + Dark chocolate dip with pistachio biscotti . . . . \$7
- + Shrimp cocktail . . . . . \$18
- + Smoked salmon and asparagus roll. . . . . \$18
- + Citrus cocktail . . . . . \$9
- + Veggies and dip. . . . . \$8



## Baked bests

- + **Scones . . . . . \$48 per dozen**  
Fresh home-made scones with assorted jams and butter
- + **Sweet loaves . . . . . \$44 per dozen slices**  
Sliced banana, corn, or mixed berry bread
- + **French pastries . . . . . \$35 per dozen**  
Pain au chocolat and apple turnovers
- + **Chocolate strawberries. . . . . \$40 per dozen**  
Dipped in Belgian chocolater
- + **Jumbo cookies . . . . . \$35 per dozen**  
House Baked Assortment
- + **Butter tarts. . . . . \$32 per dozen**  
Creamy butter tartlets
- + **Pecan tarts. . . . . \$32 per dozen**  
Tartlets with roasted pecan and caramel
- + **Churros. . . . . \$35 per dozen**  
With chocolate and caramel dipping sauce
- + **PBC tart . . . . . \$35 per dozen**  
Rich peanut butter and chocolate ganache tartlet



## Snacks

- ✦ Fruit kebab . . . . . **\$8 each**  
Fresh cut with honey yogurt dip
- ✦ Granola bar . . . . . **\$8 each**  
House made and all natural
- ✦ Potato chips . . . . . **\$3.25 each**  
Individual Bags
- ✦ Candy bars. . . . . **\$3.25 each**  
Assorted varieties
- ✦ Whole fruit . . . . . **\$5 each**  
Assortment of bananas, apples, oranges, and pears
- ✦ Cheese and crackers . . . . . **\$7 each**  
Individual cheddar slices with bread sticks
- ✦ Snack basket . . . . . **\$10.25 per basket**  
Potato chips, pretzels, and popcorn
- ✦ Mixed nuts . . . . . **\$17.25 per basket**
- ✦ Hummus dip . . . . . **\$6.75 per person**  
With choice of vegetables or pita
- ✦ Chips and Salsa . . . . . **\$5.25 per person**  
Tortilla chips and medium salsa

## Beverages

- ✦ Perrier & flavoured water. . . . . **\$4.75 each**
- ✦ San Pellegrino 275m . . . . . **\$4.95 each**
- ✦ San Pellegrino or Evian 1L . . . . . **\$9.95 each**
- ✦ Bottled water . . . . . **\$4.25 each**
- ✦ Assorted fruit juice . . . . . **\$4.50 each**
- ✦ Premium fruit & vegetable juices . . . . **\$5.75 each**
- ✦ Assorted soft drinks . . . . . **\$4.25 each**
- ✦ Fruit smoothie . . . . . **\$31 per litre**  
Banana, strawberry, blueberry, and spinach
- ✦ Carton of milk 250m . . . . . **\$5.25 each**
- ✦ Hot chocolate . . . . . **\$4.25 each**
- ✦ Starbucks coffee . . . . . **\$4.25 each**
- ✦ Assorted Tazo teas . . . . . **\$4.25 each**
- ✦ Espresso, Cappuccino & Latte. . . . . **\$5.25 each**

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