

The Triad Buffet

Salad - Select One (1)

Fresh Mixed Baby Greens with Grape Tomatoes, Red Onion,
and Garlic Croutons with Choice of (2) Dressing

Hearts of Romaine , shaved parmesan, home style croutons with Caesar Dressing

Fresh Fruit Salad

Spinach Salad with Chopped Egg, Sliced Fresh Mushrooms,
and Red Onions served with Warm Bacon Dressing

Bowtie Pasta Salad tossed with Pesto, Fresh Grilled Vegetables, and Parmesan Cheese

Entrée Select Two (2)

Grilled Breast of Chicken Mushroom Wine Sauce

Teriyaki Chicken Boneless Breast with Pineapple Relish

Grilled Boneless Chicken Breast w/ Herbed Basil Cream Sauce

Fried or Herbed Baked Chicken

Boneless Chicken Breast with Apple and Raisin Stuffing and Pan Gravy

Boneless Chicken Breast with spinach and feta Stuffing and topped with a Alfredo Sauce

Roast Pork Loin Medallions with Apple compote and Natural Pan Gravy

Sliced Roast Beef Aus Jus Sliced Flank Steak with a Merlot Sauce (med to mw)

Wild Mushroom Ravioli with Parmesan Peppercorn or Marinara Sauce

Seared Salmon with Lemon Butter w/Dill or Creamy Lemon Caper Sauce

Baked Tilapia with Herb Butter Sauce

Sides Select Two (2)

Rice Pilaf

Roasted New Potatoes

Whipped Potatoes

Au Gratin Potatoes

Mac & Cheese

Southern Style Green Beans

Broccoli with Red Peppers

Vegetable Medley

Warm Rolls w/ Butter

Assorted Cakes and Pies

Coffee and Tea Service